

## Your Heart and the New Coronavirus

HEART ATTACKS AND STROKES DON'T STOP DURING A PANDEMIC.

# Don't ignore heart symptoms.



**GETTING CARE IS CRITICAL TO:**

- ✓ Get better faster.
- ✓ Limit damage to your health.

*Especially if you have a heart condition.*

## Call 911.

If you think you are having a heart attack or stroke. Hospitals have safety measures to protect you from infection.

## Call your doctor.

If you have a heart condition and have questions or think you need a health visit. Do NOT delay routine care. You may be able to get advice over the telephone or use telehealth services for a virtual visit.

### HEART ATTACK SYMPTOMS:



Chest pain



Difficulty breathing



Discomfort in chest, arms, back, neck, shoulder or jaw

### STROKE SYMPTOMS:



Loss of balance



Confusion, trouble speaking or understanding



Numbness, weakness or loss of movement in your face, leg or arm, especially on one side



If you have questions about COVID-19 and if your health may be compromised, please contact your physician. If you do not have a primary care physician and would like to schedule a telehealth visit, please call **SWHR Telehealth** services at **469-291-4499**.